

# Virginia Cooperative Extension

A partnership of Virginia Tech and Virginia State University

 VirginiaTech  
College of Agriculture  
and Life Sciences

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VIRGINIA STATE

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## **PARENTS....**

**Create more satisfying,  
productive relationships with  
your children through STEP.**



## ***Systematic Training for Effective Parenting***

Prince William Cooperative Extension is offering the following Systematic Training for Effective Parenting (STEP) groups. STEP is a six-week discussion group for parents and others who want to learn more effective ways to communicate and discipline. It is offered for three separate age groups: Parents of Young Children (birth to age five), School-Age Children (ages six to twelve) and Teenagers. Classes are also offered in Spanish. The cost to cover class materials is **\$40.00** per individual or couple. Class registration closes at 1:00 pm on the day of the class. To register for a class, please call us at 703-792-6288. **Childcare is not available.**

### ***STEP Class***

*for*

### ***Parents of School-Age Children***

**Wednesdays, February 8 to March 14, 2012**

**7:00 to 9:00 PM**

### **Dumfries Community Center**

17757 Maine Street  
Dumfries, VA

Prince William Cooperative Extension complies with the terms of the ADA. Any Individual with a disability who wishes to request an accommodation may contact the Extension Office during business hours at 703-792-6288. Please provide seven calendar days advance notice.

[www.ext.vt.edu](http://www.ext.vt.edu)

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