



AGENDA ITEM FORM

TYPE OF AGENDA ITEM:

- CONSENT AGENDA
- PRESENTATION
- ACTION ITEM
- TOWN MANAGER & STAFF COMMENTS
- PUBLIC HEARING
 - Duly Advertised

PURPOSE OF ITEM:

- INFORMATION ONLY
- DISCUSSION ONLY
- DISCUSSION AND/OR DECISION
 - Introduction Resolution
 - Ordinance Grant/MOU
 - By Motion Bylaws
 - Certificate

PRESENTER: Marisa Jones

PRESENTER TITLE: Asst. Program Manager for
Institute for Public Health Innovation

AGENDA ITEM:

Healthy Eating Active Living Resolution

BACKGROUND / SUMMARY:

The Town of Dumfries has an interest in preserving, promoting and improving the health of its citizens by taking active steps to increase healthy eating and active living within its boundaries. The Town can help promote a healthy lifestyle through adoption of this Healthy Eating and Active Living Community Resolution by encouraging the development and implementation of policies and practices that support and promote healthy eating and active living among its citizens.

ATTACHMENTS:

Healthy Eating and Active Living Community Resolution

REQUESTED ACTION:

Review and move the resolution to the consent agenda for the February 4, 2014 Council meeting for adoption.

FOR MORE INFORMATION, CONTACT:

Phone#: (202) 407-7089 ext 1026

Name: Marisa Jones
E-mail: mjones@institutephi.org

FOR USE DURING MEETING

VOTE: PASSED NOT PASSED

Y	N		Y	N		Y	N	
<input type="checkbox"/>	<input type="checkbox"/>	Brewer	<input type="checkbox"/>	<input type="checkbox"/>	Foreman	<input type="checkbox"/>	<input type="checkbox"/>	Forrester
<input type="checkbox"/>	<input type="checkbox"/>	Reynolds	<input type="checkbox"/>	<input type="checkbox"/>	Toney	<input type="checkbox"/>	<input type="checkbox"/>	Washington
<input type="checkbox"/>	<input type="checkbox"/>	Wood						

AT A REGULAR MEETING OF THE DUMFRIES TOWN COUNCIL HELD ON TUESDAY, FEBRUARY 4, 2014, IN COUNCIL CHAMBERS, 17755 MAIN STREET, DUMFRIES, VIRGINIA: ON A MOTION DULY MADE BY _____, AND SECONDED BY _____, THE FOLLOWING RESOLUTION WAS ADOPTED BY THE FOLLOWING VOTE:

Charles C. Brewer, ____;
Gerald M. Foreman, II, ____;
Kristin W. Forrester, ____;
Helen D. Reynolds, ____;
Willie J. Toney, ____;
Gwen P. Washington, ____;
Derrick R. Wood, ____;

WHEREAS, the Town of Dumfries has the ability to affect the health of its residents; and

WHEREAS, the Town of Dumfries has an interest to preserve, promote and improve the health of its citizens by taking active steps to increase healthy eating and active living within its boundaries and Southeastern Prince William County; and

WHEREAS, improving existing infrastructure and planning constructions that encourage walking, biking, and other forms of physical activity can promote health; and

WHEREAS, polling and ranking organizations are consistently using health as a metric for determining desirability for healthier communities are more desirable locations to visit, own or operate a business, raise a family; and

WHEREAS, more than half of Virginia's adults are overweight or obese and therefore at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, and, hypertension; and

WHEREAS, one in three youth in Virginia is overweight or obese; and

WHEREAS, obesity takes a tremendous toll on the health, productivity of all Virginians; and

WHEREAS, supporting the health of residents and the local workforce would decrease chronic disease and health care costs and increase productivity; and

NOW, THEREFORE, BE IT RESOLVED that the Town of Dumfries hereby declares that the Council and Staff shall seek opportunities and establish mechanisms to support individual, community and environmental efforts to improve the public's health by encouraging the development and implementation of policies and practices that support and promote healthy eating and active living among citizens in the Town of Dumfries.

NOW, THEREFORE, BE IT RESOLVED that the Council and Staff, working in cooperation with citizens and businesses, will make efforts to support and promote healthy eating and active living among its citizens through adoption of this Healthy Eating and Active Living Community Resolution and the policies and practices described herein.

NOW, THEREFORE, BE IT RESOLVED that the Town of Dumfries hereby recognizes that obesity is a serious public health threat to the health and wellbeing of adults, children and families in the Town of Dumfries, and a commitment is needed to put healthy choices within reach of all residents. To that end, the Town of Dumfries adopts this Healthy Eating Active Living resolution.

BE IT FURTHER RESOLVED that the Dumfries Town Council and Staff shall be responsible for the design and construction of parks, neighborhoods, streets, and business areas, and shall make every effort to:

- Prioritize capital improvements projects to increase the opportunities for physical activity;
- Plan and construct a built environment that encourages walking, biking and other forms of physical activity;
- Address walking and biking connectivity between residential neighborhoods and schools, parks, recreational resources, and retail;
- Revise comprehensive plans and zoning ordinances to increase opportunities for physical activity wherever and whenever possible, including complete streets policies, compact, mixed-use and transit-oriented development;
- Include or consider adjacent dedicated green space in all new housing and business developments;
- Support recreation programs that encourage active living;
- Ensure that physical activity facilities (park facilities, playgrounds, trails, and the Jefferson Simpson Community and Cultural Arts Center, etc.) are accessible and affordable.

BE IT FURTHER RESOLVED that the Town of Dumfries shall work with Healthy Eating Active Living (HEAL) Cities & Towns Campaign Staff to explore HEAL policies and to identify those policies that are suitable for the Town's unique local circumstances.

BE IT FURTHER RESOLVED that the Town of Dumfries shall work with Regional, State, and Federal agencies to identify those programs and policies that are suitable for the Town's unique local circumstances.

By Order of Council:

Gerald M. Foreman, Mayor

Attest: _____
Dawn Hobgood, Town Clerk